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21 **Abstract**

22 Background: Co-occurrence of metabolic syndrome and chronic alcohol consumption is  
23 increasing worldwide. The present study investigated the effect of the chemical chaperone  
24 4-phenylbutyric acid (PBA)—which has been shown to alleviate dietary steatohepatitis  
25 caused by endoplasmic reticulum (ER) stress—on chronic-plus-binge ethanol (EtOH)-  
26 induced liver injury in a mouse model of obesity.

27 Methods: Male KK-A<sup>y</sup> mice (8 weeks old) were fed a Lieber–DeCarli diet (5% EtOH)  
28 for 10 days. Some mice were given PBA intraperitoneally (120 mg/kg body weight, daily)  
29 during the experimental period. On day 11, mice were gavaged with a single dose of EtOH  
30 (4 g/kg body weight). Control mice were given a dextrin gavage after being pair-fed a  
31 control diet. All mice were then serially euthanized before or at 9 h after gavage.

32 Results: Chronic-plus-binge EtOH intake induced massive hepatic steatosis along with  
33 hepatocyte apoptosis and inflammation, which was reversed by PBA treatment.  
34 Administration of PBA also suppressed chronic-plus-binge EtOH-induced upregulation  
35 of ER stress-related genes including *binding immunoglobulin protein (Bip)*, unspliced and  
36 spliced forms of *X-box-binding protein-1 (uXBP1 and sXBP1, respectively)*, *inositol*  
37 *trisphosphate receptor (IP3R)*, and *C/EBP homologous protein (CHOP)*. Further, it  
38 blocked chronic-plus-binge EtOH-induced expression of the oxidative stress marker

39 *heme oxygenase-1 (HO-1)* and 4-hydroxynonenal. Chronic EtOH alone (without binge)  
40 increased *Bip* and *uXBP1*, but it did not affect those of *sXBP1*, *IP3R*, *CHOP*, or *HO-1*.  
41 PBA reversed the pre-binge expression of these genes to control levels, but it did not  
42 affect chronic EtOH-induced hepatic activity of cytochrome P450 2E1.

43 Conclusion: Binge EtOH intake after chronic consumption induces massive ER stress-  
44 related oxidative stress and liver injury in a mouse model of obesity through dysregulation  
45 of the unfolded protein response. PBA ameliorated chronic-plus-binge EtOH-induced  
46 liver injury by reducing ER and oxidative stress after an EtOH binge.

47

48 Keywords: alcoholic liver disease, obesity, metabolic syndrome, ER stress, oxidative  
49 stress

50 **Introduction**

51 Chronic alcohol consumption is a common cause of chronic liver disease worldwide,  
52 leading to alcoholic liver steatosis, cirrhosis, and hepatocellular carcinoma (Rehm et al.,  
53 2013). The pathophysiology of alcoholic liver disease can include acute-on-chronic liver  
54 injury, which in severe cases has a short-term mortality of 25%–45% at 1 month  
55 (Akriviadis et al., 2000; Imperiale and McCullough, 1990; Mathurin et al., 2011; Yu et  
56 al., 2010). The recent obesity pandemic in developed countries has increased the risk of  
57 non-alcoholic fatty liver disease, which overlaps with the risk of liver disease posed by  
58 alcohol consumption (Mahli and Hellerbrand, 2016; Watanabe et al., 2015a, b). Metabolic  
59 syndrome increases the risk of liver injury as well as morbidity and mortality related to  
60 liver injury due to chronic alcohol consumption (Almeda-Valdes et al., 2016; Hellerbrand,  
61 2010; Naveau et al., 1997; Raff et al., 2015; Tsukamoto, 2007). Although absolute  
62 abstinence from alcohol is the best way to prevent alcoholic liver diseases (Bergheim et  
63 al., 2005), it is often impossible.

64 Several studies have shown that endoplasmic reticulum (ER) stress contributes to  
65 the development of alcoholic liver disease (Dara et al., 2011; Fernandez et al., 2013; Ji,  
66 2015; Ji and Kaplowitz, 2003; Malhi and Kaufman, 2011; Tan et al., 2013). ER stress and  
67 activation of the unfolded protein response (UPR) is caused by accumulation of unfolded

68 proteins in the ER, a cellular organelle that is important for the regulation of calcium  
69 homeostasis, lipid metabolism, and protein synthesis. The UPR pathway includes  
70 induction of several molecular chaperones that restore cellular homeostasis by promoting  
71 the folding or degradation of unfolded proteins; however, if ER stress is prolonged or too  
72 severe, the signaling switches from pro-survival to pro-death, leading to ER stress-  
73 induced apoptosis (Malhi and Kaufman, 2011). The chemical chaperone 4-phenylbutyric  
74 acid (4-PBA) is a drug approved by the U.S. Food and Drug Administration that alleviates  
75 ER stress by assisting in protein folding (Roy et al., 2015). We previously reported that  
76 PBA prevents murine dietary steatohepatitis caused by *trans*-fatty acids plus fructose by  
77 minimizing ER stress (Morinaga et al., 2015). However, it is not known whether PBA  
78 can prevent EtOH-induced liver injury overlapping with metabolic steatohepatitis via a  
79 similar mechanism.

80       Most murine models of alcoholic liver injury include free access to the Lieber–  
81 DeCarli liquid ethanol (EtOH)-containing diet (Gustot et al., 2006; Hritz et al., 2008;  
82 Kang et al., 2009; Petrasek et al., 2012; Roychowdhury et al., 2009; Shen et al., 2010),  
83 but this induces only liver micro-steatosis and a slight elevation of serum alanine  
84 transaminase (ALT) level. Short-term chronic EtOH feeding combined with a single  
85 EtOH binge (chronic-plus-binge EtOH or National Institute on Alcohol Abuse and

86 Alcoholism model) was recently proposed as an alternative. This model results in  
87 significant ALT elevation, fat accumulation, and neutrophil infiltration into the liver,  
88 which mimics acute-on-chronic alcoholic liver injury in humans; however, changes in  
89 hepatic histology are limited in some animals (Bertola et al., 2013). KK-A<sup>y</sup> mice are a  
90 congenic strain in which the A<sup>y</sup> allele at the *agouti* locus had been transferred to the inbred  
91 KK strain by repeated backcrossing. KK-A<sup>y</sup> mice are a suitable model of steatohepatitis  
92 with metabolic syndrome because they spontaneously develop obesity along with  
93 hyperglycemia, hyperinsulinemia, and steatohepatitis (Kon et al., 2017; Takashima et al.,  
94 2016; Yamagata et al., 2013). We previously reported that KK-A<sup>y</sup> mice exhibit increased  
95 susceptibility to acetaminophen-induced liver injury or dietary steatohepatitis and fibrosis  
96 (Kon et al., 2010). In the present study, we investigated the effect of PBA on chronic-  
97 plus-binge-alcoholic liver injury using obese KK-A<sup>y</sup> mice.

98

## 99 **Methods**

### 100 *Materials*

101 The Liber–DeCarli liquid diet was purchased from Dyets, Inc. (Bethlehem, PA,  
102 USA). PBA was purchased from Sigma-Aldrich (St. Louis, MO, USA). Anti-4-hydroxy-  
103 2-nonenal (4-HNE) primary antibody was purchased from Abcam (Cambridge, MA,

104 USA). Biotinylated anti-mouse IgG secondary antibody was purchased from Santa Cruz  
105 Biotechnology (Dallas, TX, USA). Anti-M30 CytoDeath antibody, streptavidin- $\beta$ -  
106 peroxidase, and protease inhibitor cocktail (Complete Mini) were purchased from Roche  
107 Diagnostics (Basel, Switzerland). Secondary HRP-anti-mouse IgG, anti-C/EBP  
108 homologous protein (CHOP) antibody, and anti-glyceraldehyde 3-phosphate  
109 dehydrogenase (GAPDH) antibody were purchased from Cell Signaling Technology Inc.  
110 (Danvers, MA, USA). Isoflurane was purchased from Pfizer (New York, NY, USA). All  
111 other reagents were from Sigma-Aldrich, unless otherwise specified.

112

### 113 *Animals and experimental design*

114 All experimental protocols were approved by the Committee of Laboratory  
115 Animals following institutional guidelines. KK-A<sup>y</sup> mice were purchased from CLEA  
116 Japan (Tokyo, Japan) and housed in air-conditioned, specific pathogen-free animal  
117 quarters, with lighting from 08:00 to 20:00 h. The mice were given unrestricted access to  
118 standard laboratory chow and water until the start of the study.

119 Starting at 8 weeks of age and after acclimation, male KK-A<sup>y</sup> mice were fed  
120 Lieber–DeCarli liquid diet containing 5% EtOH, or they were pair-fed a control diet  
121 containing isocaloric maltodextrin for 10 days. Some mice were given intraperitoneal

122 injections of PBA (120 mg/kg body weight, daily) during the feeding period. Saline, as  
123 the PBA vehicle, was intraperitoneally administered to control mice during the same  
124 period. On day 11, some mice received a single gavage of EtOH (4 g/kg body weight) or  
125 isocaloric maltodextrin as a control. Animals were anesthetized by inhalation of  
126 isoflurane mixed with oxygen and air and euthanized by exsanguination 0–9 h later. Liver  
127 tissue and serum samples were collected at this time from each group (n = 5). To compare  
128 the effects of chronic-plus-binge EtOH on liver histology, chronic-plus-binge EtOH  
129 treatment was also performed on nonobese and nondiabetic C57Bl/6J mice, which are the  
130 offspring of two generations preceding that of the KK-A<sup>y</sup> mice, were treated with chronic-  
131 plus-binge EtOH. Nine hours following a single gavage of EtOH (5 g/kg body weight),  
132 the mice were sacrificed.

133

#### 134 *Triacylglycerol assay*

135 Triacylglycerol concentration in liver tissue was determined using an  
136 Adipogenesis Colorimetric/Fluorometric Assay Kit (BioVision, San Francisco, CA), and  
137 the absorbance at 570 nm was measured using the Molecular Devices SpectraMax® 340  
138 (Molecular Devices, Sunnyvale, CA).

139

140 *Serum AST, ALT, triglyceride, and glucose levels*

141 Serum AST/ALT activity and triglyceride levels were measured colorimetrically using  
142 the Fuji DRI-CHEM system (Fujifilm, Tokyo, Japan). Blood glucose levels were  
143 measured using a blood glucose meter (Glutest, Sanwa Kagaku Kenkyusho, Nagoya,  
144 Japan).

145

146 *Histological analysis and immunohistochemistry*

147 For histological evaluation, liver tissue specimens were fixed in 10% buffered formalin,  
148 embedded in paraffin, sectioned, and stained with hematoxylin and eosin (H-E). The  
149 expression and localization of 4-HNE in liver tissue was evaluated by  
150 immunohistochemistry as previously described (Okumura et al., 2006). Briefly,  
151 deparaffinized tissue sections were incubated with monoclonal anti-4-HNE antibody  
152 followed by secondary biotinylated anti-mouse IgG. Subsequently, binding was  
153 visualized using an avidin–biotin complex solution followed by incubation with a 3,3-  
154 diaminobenzidine tetrahydrochloride solution (Vectastain Elite ABC kit; Vector  
155 Laboratories, Burlingame, CA, USA).

156         The M30 CytoDeath assay, which labels the caspase cleavage product cytokeratin  
157 18 (ccCK18), was performed according to the manufacturer's instructions. Briefly,

158 deparaffinized tissue sections were incubated with a monoclonal anti-M30 antibody and  
159 secondary biotinylated anti-mouse IgG, and specific binding was visualized as described  
160 above. All histological and immunohistochemical specimens were observed with an  
161 optical microscope (DM7000; Leica, Wetzlar, Germany) equipped with a digital camera  
162 (MC120HD; Leica). Counts were randomly obtained from each slide, with at least 1000  
163 hepatocytes counted in all cases. 4HNE-positive and ccCK18-positive cells were  
164 identified, and positive cells were expressed as a percentage of the total number of cells  
165 counted.

166

167 *RNA preparation and real-time reverse transcription quantitative PCR (qPCR)*

168 Total RNA was isolated from frozen tissue samples using an Illustra RNAspin Mini RNA  
169 Isolation kit (GE Healthcare, Waukesha, WI, USA). The concentration and purity of the  
170 isolated RNA were assessed by measuring the optical density at 260 and 280 nm. For  
171 qPCR, total RNA (1 µg) was reverse transcribed using Moloney murine leukemia virus  
172 transcriptase (SuperScript II; Invitrogen, Carlsbad, CA, USA) and an oligo(dT)12–18  
173 primer at 42°C for 1 h. The cDNA (1 µg) was used as a template for target gene  
174 amplification using Fast SYBR Green Master Mix (Applied Biosystems, Foster City, CA,  
175 USA) and specific primers for each gene (Table 1).

176           The reaction was performed with a 10-s activation at 95°C, followed by 40 cycles  
177 of 95°C for 5 s and 60°C for 31 s, and a final cycle of 95°C for 15 s, 60°C for 1 min, and  
178 95°C for 15 s on an ABI PRISM 7700 sequence detection system (Applied Biosystems).  
179 Obtained threshold cycle values were used to calculate the relative expression level of  
180 target genes.

181

#### 182 *Preparation of total proteins*

183           Total protein extracts were obtained by homogenizing frozen tissues in a buffer  
184 containing 50 mM Tris (pH 8.0), 150 mM NaCl, 1 mM ethylenediaminetetraacetic acid  
185 (EDTA), 1% Triton X-100, and protease inhibitors (Complete Mini®), followed by  
186 centrifugation at 17,400×g for 15 min. The protein concentration was determined using a  
187 Bio-Rad protein assay kit (Bio-Rad Laboratories, Hercules, CA, USA).

188

#### 189 *Western blotting*

190           Protein extracts (50 µg) were electrophoresed in 12% sodium dodecyl sulfate  
191 (SDS) polyacrylamide gels and electrophoretically transferred onto polyvinylidene  
192 fluoride membranes. The membranes were then blocked with 5% nonfat dry milk in Tris-  
193 buffered saline, and incubated with primary antibodies against CHOP (anti-rabbit, 1:500)

194 or GAPDH (anti-rabbit, 1:1000), followed by a secondary horseradish peroxidase-  
195 conjugated anti-rabbit IgG. Specific bands were then visualized using the ECL prime  
196 detection kit (GE Healthcare, Waukesha, WI, USA) and detected using an LAS3000  
197 imaging system (Fuji Film, Japan).

198

#### 199 *CYP2E1 activity assay*

200       Cytochrome P450 2E1 (CYP2E1) activity was determined with liver  
201 homogenates using p-nitrophenol as a substrate, according to a previously described  
202 procedure (Cederbaum AI, 2014). In brief, mouse liver specimens (each ~0.15 g) were  
203 suspended with 1 mL of extraction buffer containing 5 mM TES-NaOH (pH 7.4), 0.3 M  
204 sucrose, and proteinase inhibitor cocktail (Nacalai Tesque, Kyoto, Japan), and  
205 homogenized with a glass/Teflon homogenizer (5-8 up-down strokes). The homogenate  
206 was incubated with a mixture containing 0.1 M  $\text{KH}_2\text{PO}_4$ -NaOH (pH 7.2), 0.2 mM p-  
207 nitrophenol, and 1 mM NADPH for 15 min. The reaction was terminated by adding 30%  
208 TCA to achieve a final concentration of 1.5% TCA. The suspension was centrifuged at  
209 2,000  $\times$ g for 15 min. Finally, the resultant supernatant (0.85 mL) was mixed with 0.15  
210 mL of 10M NaOH, and the absorbance was immediately read at 510 nm, corresponding  
211 to the wavelength of the reaction product (p-nitrocatechol).

212

213 *Statistical analysis*

214 Data are expressed as mean  $\pm$  SEM. Differences between mean values were evaluated by  
215 one-way analysis of variance (ANOVA) or Kruskal–Wallis ANOVA on ranks followed  
216 by the Student–Newman–Keuls pairwise multiple comparisons test as appropriate. A  
217 significance level of  $P < 0.05$  was selected prior to analysis.

218

219 **Results**

220 *PBA suppresses the hepatic steatosis, inflammation, and early apoptosis caused by*  
221 *chronic-plus-binge EtOH intake*

222 During the study period, there was no significant body weight change in the mice of any  
223 group, and the obesity phenotype was maintained with a weight around 36 g at the time  
224 of sacrifice (Fig. 1A). Hyperglycemia ( $>300$  mg/dL) was observed in mice of the control  
225 group although the blood sugar level showed a decreased tendency in the group treated  
226 with EtOH. However, there was no statistically significant difference in blood sugar levels  
227 among the groups, and all mice still showed hyperglycemia ( $>250$  mg/dL). Treatment  
228 with PBA did not affect blood sugar levels (Fig. 1B). In contrast, EtOH administration  
229 induced marked hypertriglyceridemia in line with previous reported, and the serum

230 triglyceride levels were significantly decreased by PBA ( $P < 0.05$ , Fig 1C). H-E staining  
231 of liver tissue sections revealed that chronic-plus-binge EtOH feeding induced severe  
232 hepatic steatosis accompanied by neutrophil infiltration around the central veins 9 h after  
233 the EtOH binge, in contrast to the minimal hepatic steatosis observed in the chronic-plus-  
234 binge EtOH C57Bl/6 mouse model (Fig. 1D and G, Supplementary Fig. 1). Treatment  
235 with PBA alleviated these pathological effects (Fig. 1F). PBA significantly reduced the  
236 EtOH-induced hepatic triglyceride content (Fig 1H). Moreover, the mean serum AST  
237 and ALT levels at 9 h after the EtOH binge were significantly elevated as compared to  
238 those in isocaloric dextrin-gavaged control mice, respectively ( $P < 0.05$ ), and treatment  
239 with PBA significantly ( $P < 0.05$ ) suppressed this increase in serum AST and ALT levels  
240 (Fig. 1I and J). Hepatocytes undergoing apoptosis were also observed by  
241 immunohistochemical detection of ccCK18. There were significantly more ccCK18-  
242 positive cells in the EtOH binge group than in controls ( $P < 0.05$ ), and treatment with  
243 PBA decreased the percentage of ccCK18-positive cells close to control levels ( $P < 0.05$ ,  
244 Fig. 2A–D). PBA also blocked the mRNA expression of tumor necrosis factor  $\alpha$  (*TNF $\alpha$* )  
245 and interleukin 6 (*IL6*), which were upregulated in the livers of chronic-plus-binge EtOH-  
246 fed mice (Fig. 2E, F).

247

248 *PBA prevents chronic-plus-binge EtOH feeding-induced ER stress*

249 The expression of ER stress markers was evaluated by qPCR. Binding immunoglobulin  
250 protein (*BiP*) expression was increased 3-fold in the liver of chronic-plus-binge EtOH-  
251 fed mice relative to controls. Treatment with PBA reversed this effect ( $P < 0.05$ ) (Fig. 3A).  
252 Similarly, hepatic expression of *unspliced XBP1 (uXBP1)* and *spliced XBP1 (sXBP1)*  
253 transcripts was increased by chronic-plus-binge EtOH feeding to  $2.6 \pm 0.8$  and  $2.2 \pm 0.1$ ,  
254 respectively, relative to control mice ( $P < 0.05$ ), but the levels were reduced to  $1.5 \pm 0.2$   
255 and  $1.1 \pm 0.1$ , respectively, by PBA administration (Fig. 3B, C). The expression of *inositol*  
256 *1,4,5-trisphosphate receptor type 1 (IP3R1)* in the liver was increased by chronic-plus-  
257 binge EtOH intake as compared to control mice ( $1.8 \pm 0.2$ ;  $P < 0.05$ ), but it was  
258 downregulated by PBA treatment ( $1.4 \pm 0.1$ ;  $P < 0.05$ ). Finally, the increase in the mRNA  
259 level of *CHOP*—a key signal for ER stress-related apoptosis—in the livers of chronic-  
260 plus-binge EtOH-fed as compared to control mice ( $5.1 \pm 0.6$ ,  $P < 0.05$ ) was reversed by  
261 PBA treatment ( $2.9 \pm 0.6$ ;  $P < 0.05$ ) (Fig. 3D, E). CHOP protein expression was also  
262 evaluated. EtOH dramatically increased CHOP protein levels, over 40 times of controls,  
263 and PBA significantly decreased the EtOH-induced CHOP expression (Fig. 3F).

264

265 *PBA suppresses oxidative stress induced by chronic-plus-binge EtOH intake*

266 Oxidative stress in hepatocytes after chronic-plus-binge EtOH feeding was evaluated by  
267 immunohistochemical detection of 4-HNE. Chronic-plus-binge EtOH consumption  
268 increased the proportion of 4-HNE-positive cells relative to control mice ( $21.4 \pm 3.5\%$  vs.  
269  $0.2 \pm 0.0\%$ ;  $P < 0.05$ ). In PBA-treated mice, the increase in the 4-HNE-positive fraction  
270 was smaller ( $12.1 \pm 2.5\%$ ;  $P < 0.05$ ) (Fig. 4A–D). Hepatic mRNA expression of *heme*  
271 *oxygenase-1 (HO-1)*, another oxidative stress marker, was increased to  $14.0 \pm 0.9$  relative  
272 to controls by chronic-plus-binge EtOH intake ( $P < 0.05$ ), an effect that was abrogated by  
273 PBA ( $8.1 \pm 1.9$ ;  $P < 0.05$ ) (Fig. 4E).

274

275 *Chronic EtOH consumption causes ER stress but does not induce oxidative stress or*  
276 *increase serum ALT levels*

277 We evaluated the mechanisms underlying alcoholic liver injury caused by chronic alcohol  
278 consumption before binge EtOH consumption. *BiP* and *uXBPI* mRNA expression was  
279 increased in the mouse liver after chronic EtOH feeding even without EtOH binging to  
280  $2.0 \pm 0.3$  and  $2.0 \pm 0.4$ , respectively ( $P < 0.05$ ). However, treatment with PBA suppressed  
281 the levels to  $1.1 \pm 0.1$  and  $1.1 \pm 0.1$ , respectively ( $P < 0.05$ ). In contrast, *sXBPI*, *IP3R1*,  
282 and *CHOP* transcript expressions were unchanged by chronic EtOH feeding, which also  
283 had no effect on serum AST/ALT or hepatic *HO-1* mRNA levels (Fig. 5A-E and G-I).

284 CHOP protein levels also showed no significant increase in the EtOH group (Fig. 5F).  
285 The expression of *CYP2E1* mRNA was upregulated to  $2.6 \pm 0.1$  relative to control mice  
286 by chronic EtOH intake ( $P < 0.05$ ), which was not improved by PBA treatment (Fig. 6A).  
287 PBA did not affect the activity of CYP2E1 enhanced by chronic-EtOH administration  
288 (Fig. 6B).

289

## 290 **Discussion**

291 In this study, we developed an animal model of alcoholic liver injury by chronic-plus-  
292 binge EtOH feeding to obese KK- $A^y$  mice. The mice developed severe hepatic steatosis  
293 around the central veins, accompanied by increased hepatocyte apoptosis and serum AST  
294 and ALT levels as compared to those of their pair-fed controls mice. (Fig. 1D-F). Since  
295 the KK- $A^y$  mice used in this study were relatively young, the fatty liver inflammation was  
296 minor, despite the presence of hyperglycemia and obesity in the control group. These  
297 mice maintained the phenotype of obesity and hyperglycemia even under EtOH exposure;  
298 thus, the established animal model is considered to be useful as a model of alcoholic liver  
299 injury with a background of obesity and hyperglycemia. Although PBA treatment did not  
300 affect the hyperglycemia, it reduced serum triglyceride levels and the triglyceride content  
301 in the liver tissue. ER stress was reported to cause impairment of lipid metabolism (Zhou

302 et al. 2014); thus, the suppression of ER stress by PBA likely contributed to the  
303 improvement of lipid metabolism. Immunohistochemical detection of ccCK18 and qPCR  
304 analysis of *Tnfa* and *Il6* transcript levels revealed the induction of hepatocyte apoptosis  
305 and hepatic inflammation, respectively. Thus, the mouse model developed in this study  
306 appropriately recapitulates the features of alcohol-induced steatohepatitis. Notably,  
307 treatment with PBA dramatically improved these pathophysiological changes.

308 ER and oxidative stress are associated with various types of liver injuries  
309 (Hamano et al., 2014; Kusama et al., 2017; Sasaki et al., 2015), including alcoholic liver  
310 disease (Dara et al., 2011; Malhi and Kaufman, 2011; Szuster-Ciesielska et al., 2013;  
311 Yamashina et al., 2005). In this study, chronic-plus-binge EtOH consumption increased  
312 the hepatic mRNA expression levels of ER stress markers such as *Bip*, *uXbp1*, *sXbp1*,  
313 *Ip3r*, and *Chop*, as well as CHOP protein levels. BiP is an ER-resident chaperone that  
314 inhibits UPR activation by binding to both unfolded proteins and ER stress sensor luminal  
315 domains (Bertola et al., 2013; Gulow et al., 2002). Under conditions of ER stress, *XBP1*  
316 mRNA is efficiently spliced to a functional form, and sXBP1 activates its target genes,  
317 including those encoding factors that function in ER protein folding and quality control.  
318 Thus, sXBP1 is considered to play a protective role against ER stress-related injury,  
319 although XBP1 action can vary according to the cell type. CHOP is an important

320 contributor to ER stress-mediated apoptosis (Yamaguchi and Wang, 2004). IP3R is a  
321 calcium-release channel on the ER membrane that relays calcium signals locally from the  
322 ER to mitochondria, which is essential for induction of the mitochondrial apoptosis  
323 pathway (Kiviluoto et al., 2013). Immunohistochemical detection of 4-HNE and qPCR  
324 analysis of *Hoi* mRNA expression revealed that PBA reversed the oxidative stress  
325 induced by chronic-plus-binge EtOH feeding in the livers of KK-A<sup>y</sup> mice. These findings  
326 indicate that chronic-plus-binge EtOH consumption increases ER stress, which induces  
327 both protective and pathogenic signals to ultimately promote the apoptosis of hepatocytes  
328 through CHOP activation. This in turn leads to calcium release from IP3R on the ER to  
329 mitochondria to increase oxidative stress. Thus, treatment with PBA prevented liver  
330 injury by inhibiting this cascade of events via suppression of ER stress.

331       Chronic EtOH consumption without binging did not increase serum ALT levels as  
332 previously reported (Bertola et al., 2013). We also did not observe an elevation of *sXbp1*,  
333 *Chop*, or *Ho-1* transcripts in our model. However, chronic EtOH induced *Bip* and *uXbp1*  
334 overexpression, which was reversed by PBA treatment. It has been reported that an EtOH  
335 binge alone does not induce liver injury (Bertola et al., 2013); thus, in the chronic-plus-  
336 binge EtOH model, the chronic phase of EtOH intake is essential for induction of liver  
337 injury, even if it does not cause any liver injuries itself. Our data indicate that chronic

338 EtOH consumption (before EtOH binge) results in the non-lethal accumulation of  
339 unfolded proteins that induce BiP and uXBP1 but not downstream UPR proteins such as  
340 sXBP1, IP3R, or CHOP. The cell death associated with ER stress is not a simple one-way  
341 process. Although CHOP is the most powerful factor to induce ER stress-related cell  
342 death, cell death does not occur by activation of CHOP alone, suggesting the involvement  
343 of other complementary signals (Han et al. 2013; Hiramatsu et al. 2014; Gurlo et al. 2016;  
344 Southwood et al. 2016). Our findings suggest that sustained mild ER stress during chronic  
345 EtOH plays a key role as the first step in this crucial process after an EtOH binge. PBA  
346 prevented liver injury after chronic-plus-binge EtOH intake, possibly by reducing the ER  
347 stress during the chronic EtOH phase, followed by blocking lethal ER stress signals such  
348 as IP3R and CHOP activation.

349         The relationship between oxidative and ER stress is controversial (Adachi et al.,  
350 2014; Kon et al., 2010; Malhi and Kaufman, 2011; Rolo et al., 2012; Tilg and Moschen,  
351 2010): the former can induce the latter and vice versa (Back et al., 2009; Malhotra et al.,  
352 2008). Based on the results of this study, we propose that severe EtOH-induced liver  
353 injury is associated with hypersensitivity to oxidative stress caused by increased ER  
354 stress: in this scenario, the latter occurs upstream of the former. We previously reported  
355 that *trans*-fatty acids induce ER stress and increase the susceptibility to oxidative stress

356 in mouse hepatocytes (Morinaga et al., 2015). Thus, chronic EtOH consumption may  
357 cause liver injury via similar mechanisms.

358         The enzymes alcohol dehydrogenase, CYP2E1, and catalase all contribute to the  
359 oxidative metabolism of EtOH (Cederbaum, 2012). In this study, we examined the effect  
360 of PBA on *Cyp2e1* expression, because overexpression of CYP2E1 induced by chronic  
361 EtOH consumption has been considered to enhance EtOH-induced oxidative stress and  
362 liver injury (Abdelmegeed et al., 2013; Wu et al., 2012; Yang et al., 2012). CYP2E1 is  
363 primarily localized in the ER but is also expressed in mitochondria (Leung and Nieto,  
364 2013). In this study, chronic EtOH consumption increased both the hepatic mRNA  
365 expression level of *Cyp2e1* and CYP2E1 activity, and these effects were not reversed by  
366 PBA. These findings suggest that the protective effect of PBA on chronic-plus-binge  
367 EtOH-induced steatohepatitis is, at least in part, independent of activation of CYP2E1-  
368 related EtOH metabolism during chronic EtOH consumption.

369         In conclusion, the results of this study demonstrate that chronic-plus-binge EtOH  
370 intake resulted in the development of steatohepatitis and enhanced ER and oxidative  
371 stress in KK- $A^y$  mice. PBA treatment improved hepatic apoptosis and inflammation by  
372 reducing sustained ER stress during the chronic phase, and the rapid increase of ER stress  
373 and oxidative stress after EtOH binging. Our findings suggest that the ER stress pathway

374 plays a key role in the development of alcoholic liver injury. Further, the components of  
375 this pathway are potential therapeutic targets for the management and prevention of  
376 alcoholic liver disease.

377

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382

### 383 **Conflict of interest**

384 The authors have no conflicts of interest to declare.

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555

556 **Figure 1. Effect of 4-PBA on steatohepatitis in chronic-plus-binge EtOH-fed KK-A<sup>y</sup>**  
557 **mice.** Mice were fed EtOH or pair-fed a control diet for 10 days. Some mice were treated  
558 with PBA (120 mg/kg body weight by intraperitoneal injection) and then given an EtOH  
559 gavage (4 g/kg body weight) on day 11, and sacrificed 9 h later. (A) Body weight change  
560 during the experimental period. (B-C) Average blood sugar (B) and serum triglyceride  
561 (C) levels determined colorimetrically. (D-F) Representative photomicrographs of H-E  
562 staining of liver tissues from control (D), EtOH (E), or EtOH + PBA (F) mice  
563 (magnification: 100×, scale bar = 100 μm). Yellow arrowheads indicate infiltrated  
564 neutrophils. (G) Higher-magnification image of (E) (400×, scale bar = 100 μm). (H)  
565 Average liver triglyceride content per liver weight. (I-J) Average serum AST and ALT  
566 levels determined colorimetrically. \*P < 0.05 vs. control; #P < 0.05 vs. EtOH (ANOVA  
567 and Student–Neuman–Keuls post-hoc test, n = 5).

568

569 **Figure 2. Effect of 4-PBA on hepatocyte apoptosis and inflammation caused by**  
570 **EtOH feeding.** Experimental design is the same as in Fig.1. (A–C) Representative  
571 photomicrographs of liver tissue from control (A), EtOH (B), or EtOH + PBA (C) mice  
572 are shown (ccCK18 immunolabeling; magnification: 100×, scale bar = 100 μm). Yellow  
573 arrow heads indicate ccCK positive hepatocytes. (D) The number of ccCK18-positive

574 cells was counted and average percentages of ccCK18-positive hepatocytes/total  
575 hepatocytes from five different animals are plotted. More than five fields per animal were  
576 evaluated. (E, F) Hepatic mRNA expression of *TNF $\alpha$*  (E) and *IL6* (F) was evaluated by  
577 qPCR. \*P < 0.05 vs. control; #P < 0.05 vs. EtOH (ANOVA and Student–Neuman–Keuls  
578 post-hoc test, n = 5)

579

580 **Figure 3. Effect of 4-PBA on ER stress in the liver of KK-A<sup>y</sup> mice subjected to**  
581 **chronic-plus-binge EtOH feeding.** (A–E) Experimental design is the same as in Fig.1.  
582 Hepatic mRNA expression of *BiP* (A), *uXBP-1* (B), *sXBP-1* (C), *IP3R1* (D), and *CHOP*  
583 (E) was evaluated by qPCR. (F) The expression of CHOP in protein levels was measured  
584 by western blotting. A representative band images of western blot are shown in the upper  
585 row, and the averages of densitometry values standardized relative to GAPDH for each  
586 condition were expressed relative to control are plotted. \*P < 0.05 vs. control; #P < 0.05  
587 vs. EtOH (ANOVA and Student–Neuman–Keuls post-hoc test, n = 5).

588

589 **Figure 4. Effect of 4-PBA on oxidative stress in the liver of KK-A<sup>y</sup> mice subjected to**  
590 **chronic-plus-binge EtOH feeding.** Experimental design is the same as in Fig.1. (A–C)  
591 Representative photomicrographs of liver tissue from control (A), EtOH (B), or EtOH +

592 PBA (C) mice are shown (4-HNE immunolabeling; magnification: 100×, scale bar = 100  
593 μm). (D) The number of 4-HNE-positive cells was counted and average percentages of  
594 4-HNE-stained hepatocytes from five different animals are plotted. More than five fields  
595 of per animal were evaluated. (E) Hepatic mRNA expression of *HO-1* was evaluated by  
596 qPCR. \*P < 0.05 vs. control; #P < 0.05 vs. EtOH (ANOVA and Student–Neuman–Keuls  
597 post-hoc test, n = 5).

598

599 **Figure 5. Effect of 4-PBA on liver injury in KK-A<sup>y</sup> mice subjected to chronic EtOH**  
600 **feeding.** Mice were fed EtOH or pair-fed a control diet for 10 days, then sacrificed on day  
601 11 without an EtOH binge. Some mice were treated with PBA (120 mg/kg body weight  
602 by intraperitoneal injection). (A–F) Hepatic mRNA expression of *BiP* (A), *uXBP-1* (B),  
603 *sXBP-1* (C), *IP3RI* (D), and *CHOP* (E) was evaluated by qPCR. (F) The expression of  
604 *CHOP* in protein levels was measured by western blotting. A representative band images  
605 of western blot are shown in the upper row, and the averages of densitometry values  
606 standardized relative to GAPDH for each condition were expressed relative to control are  
607 plotted. (G) Hepatic mRNA expression of *HO-1* was evaluated by qPCR. (H and I) Serum  
608 AST and ALT levels were determined colorimetrically. (H) \*P < 0.05 vs. control; #P <  
609 0.05 vs. EtOH (ANOVA and Student–Neuman–Keuls post-hoc test, n = 5).

610

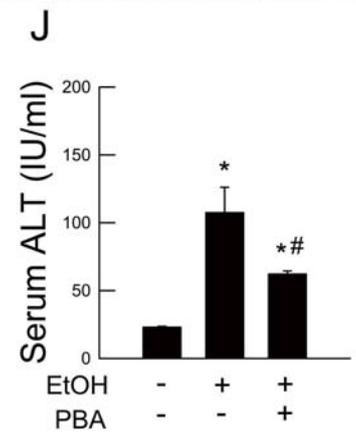
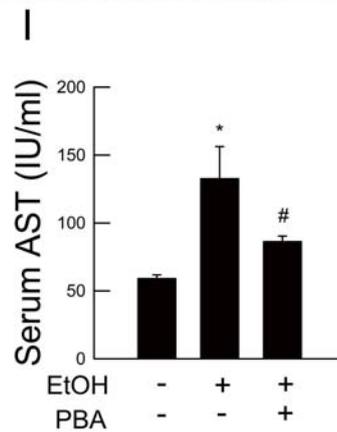
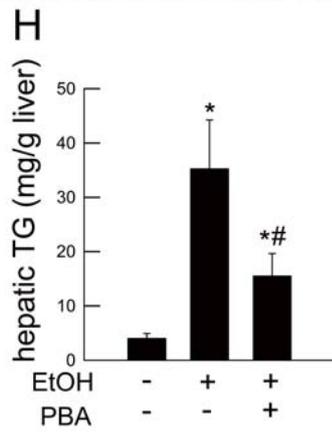
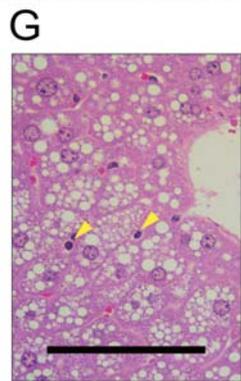
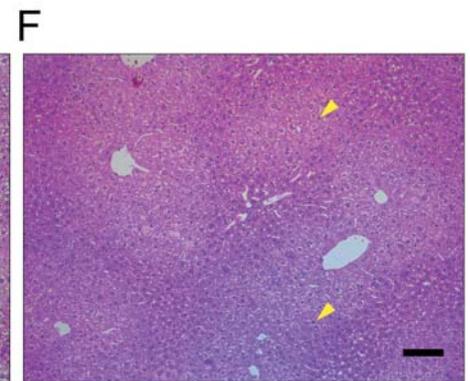
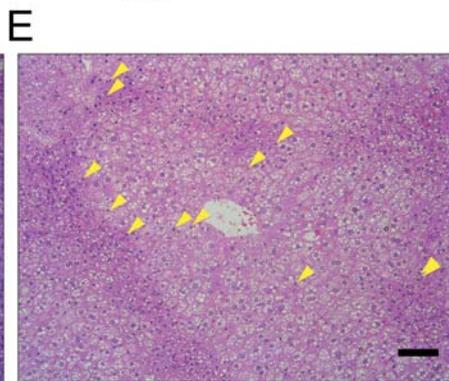
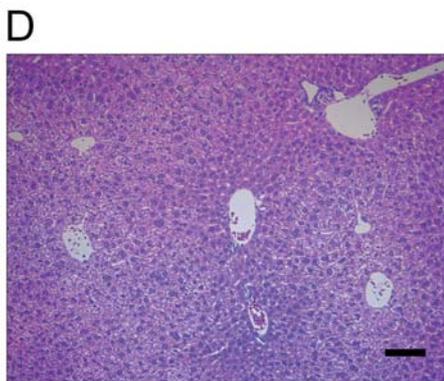
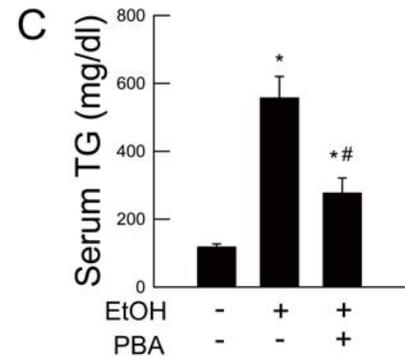
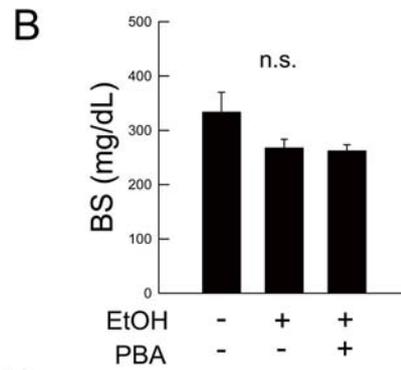
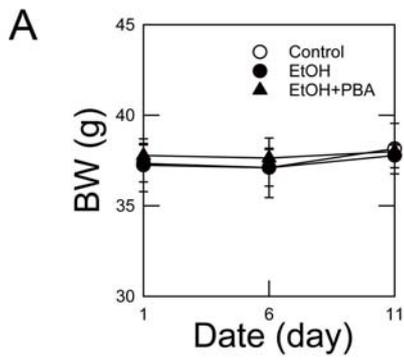
611 **Figure 6. Effect of 4-PBA on activity of CYP2E1 in KK-A<sup>y</sup> mice subjected to chronic**  
612 **EtOH feeding.** Experimental design is the same as in Fig.5. (A) Hepatic mRNA  
613 expression of CYP2E1 was evaluated by qPCR. (B) Hepatic CYP2E1 activity was  
614 measured by the rate of oxidation of p-nitrophenol to p-nitrocatechol. \*P < 0.05 vs.  
615 control (ANOVA and Student–Neuman–Keuls post-hoc test, n = 5).

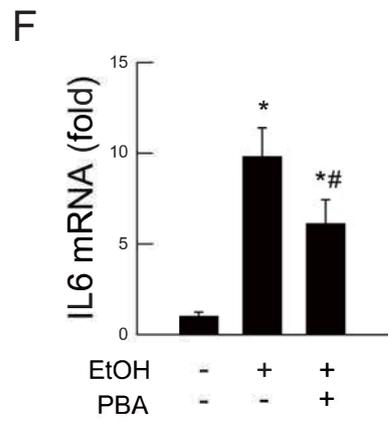
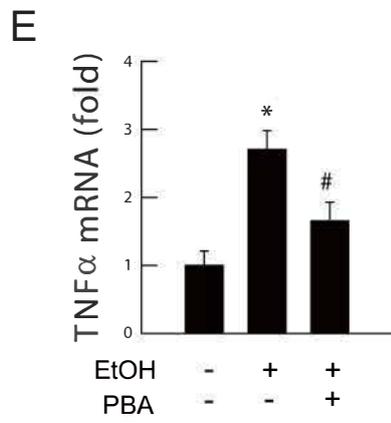
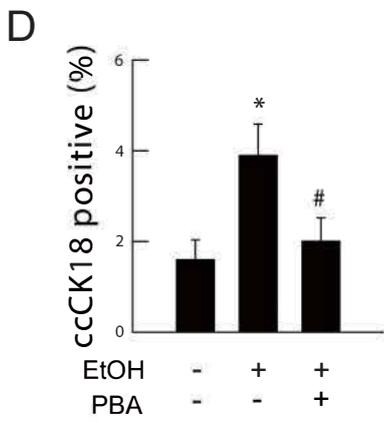
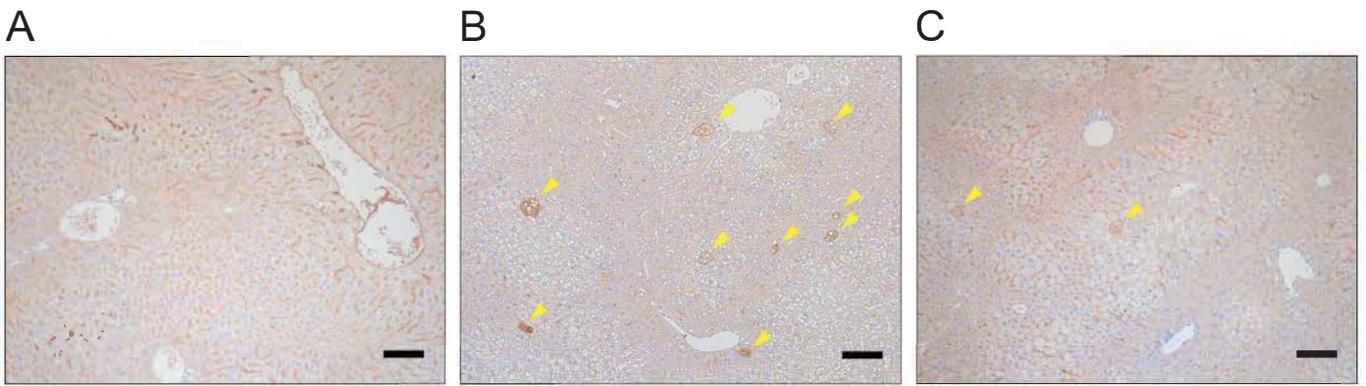
	Gene name	GenBank accession number	forward	reverse
616	<i>CHOP</i>	NM_007837.4	AGTGCATCTTCATACACCACCACA,	CAGATCCTCATACCAGGCTTCCA
617	<i>sXBP1</i>	NM_001271730.1	TGAGAACCAGGAGTTAAGAACACGC	CCTGCACCTGCTGCGGAC
618	<i>uXBP1</i>	NM_013842.3	TGTGGTTGAGAACCAGGAGTTAAGA	CTGCTGCAGAGGTGCACATAG
619	<i>CYP2E1</i>	NM_021282	CATGGCTACAAGGCTGTCAA	CCAGGGAGTACTCAGCAGGT
620	<i>HO-1</i>	NM_010442.2	CTGGAGATGACACCTGAGGTCAA	CTGACGAAGTGACGCCATCTG
621	<i>TNF<math>\alpha</math></i>	NM_013693.2	GTTCTATGGCCCAGACCCTCAC	GGCACCAGTGTGGTTGTCTTTG
622	<i>IL6</i>	NM_031168.1	CCACTTCACAAGTCGGAGGCTTA	GCAAGTGCATCATCGTTGTTCCATAC
623	<i>IP3R1</i>	NM_010585.5	GGTCAGCAGCGATTCTGGAGG	TGGGTTGACATTCATGTGAGG
624	<i>BiP</i>	NM_001163434.1	GAACACTGTGGTACCCACCAAGAA	TCCAGTCAGATCAAATGTACCCAGA
625	<i>GAPDH</i>	NM_008084.2	TGTGTCCGTCGTGGATCTGA	TTGCTGTTGAAGTCGCAGGAG).
626				
627				

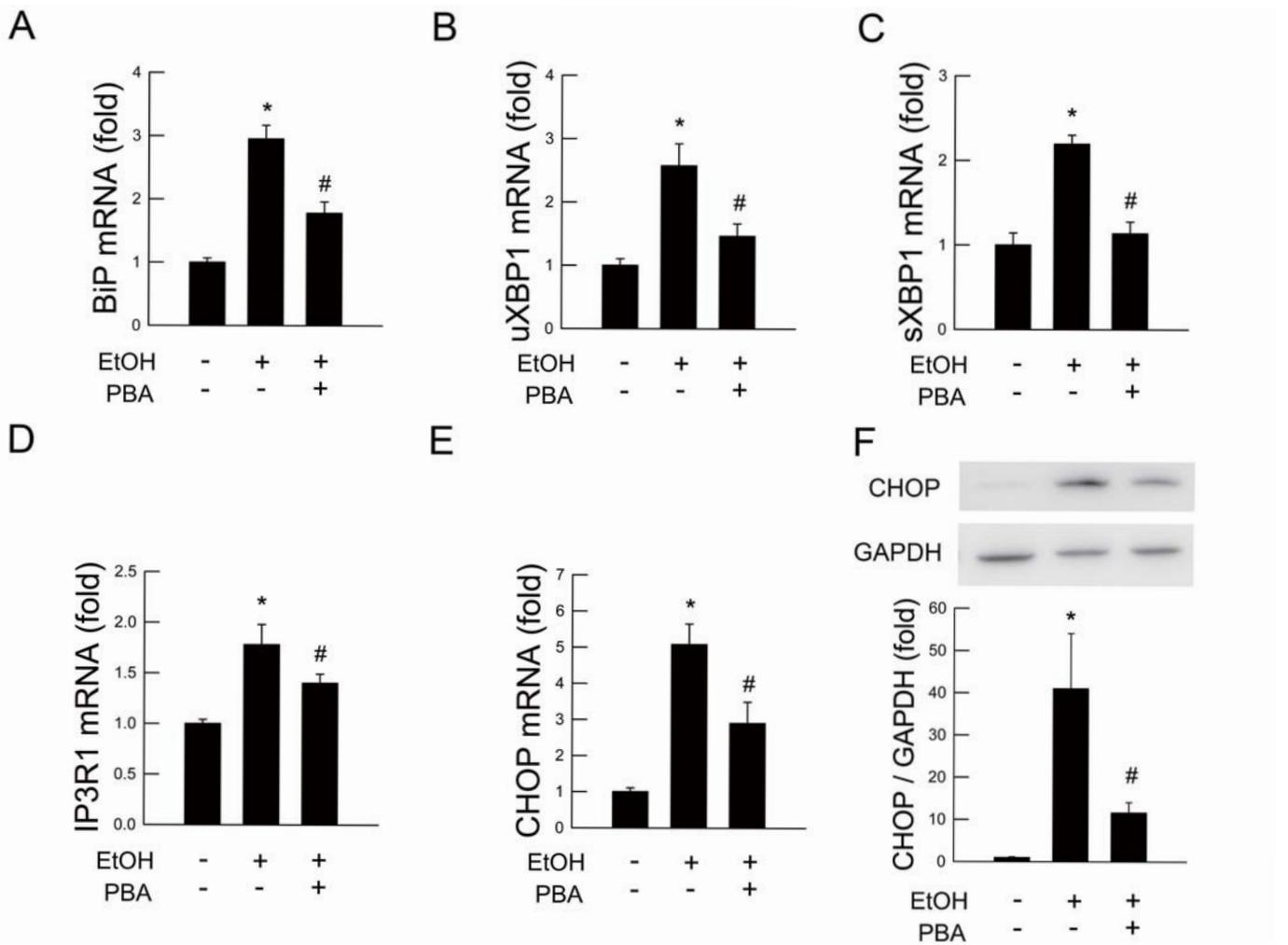
628 **Table 1. List of forward and reverse primers used for gene expression analysis**  
629 **through RT-PCR**

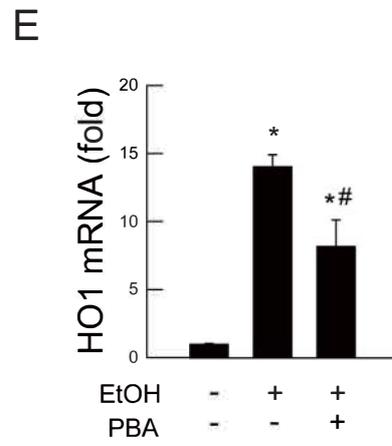
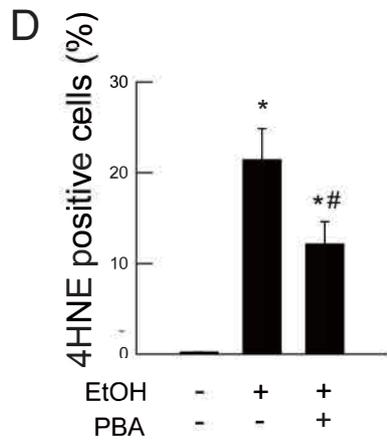
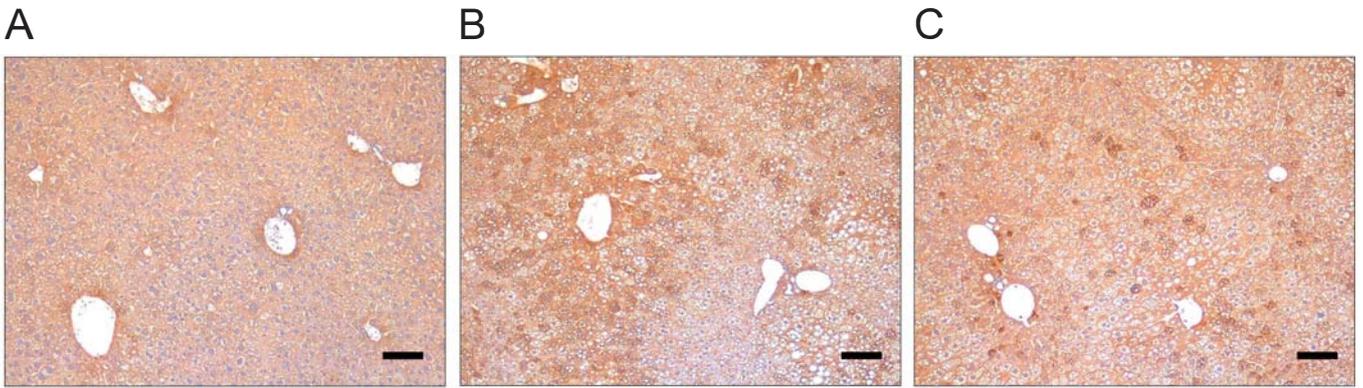
630 CHOP: C/EBP homologous protein, sXBP1: spliced X-box-binding protein-1, uXBP1:  
631 unspliced X-box-binding protein-1, CYP2E1: cytochrome P450 2E1, HO-1: heme  
632 oxygenase-1, TNF $\alpha$ : tumor necrosis factor  $\alpha$ , IL6: interleukin 6, IP3R1: inositol  
633 trisphosphate receptor, BiP, GAPDH: glyceraldehyde 3-phosphate dehydrogenase.

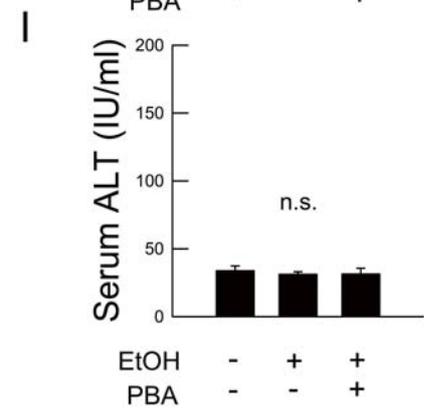
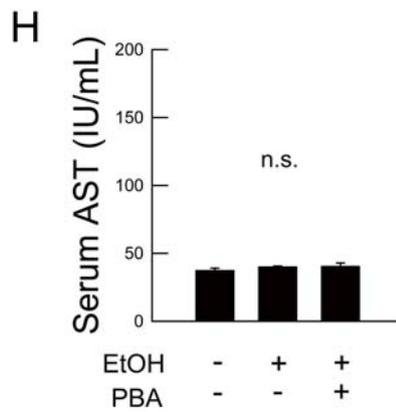
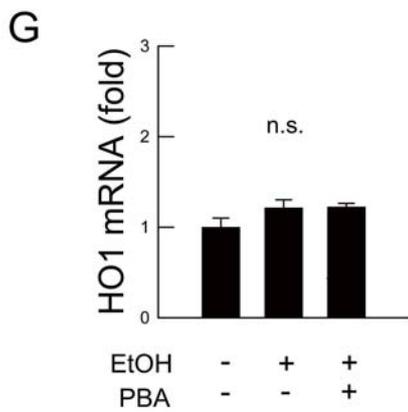
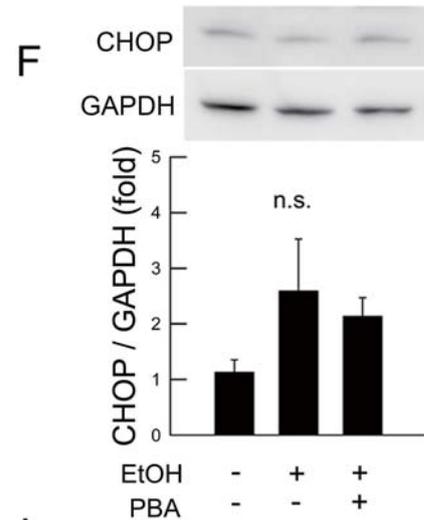
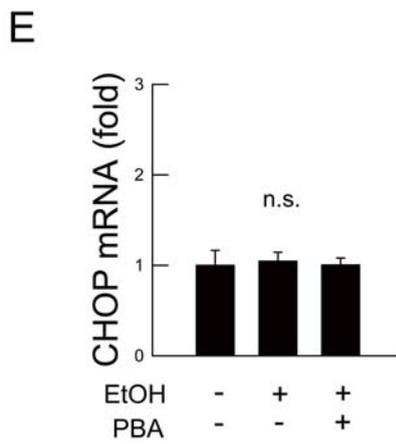
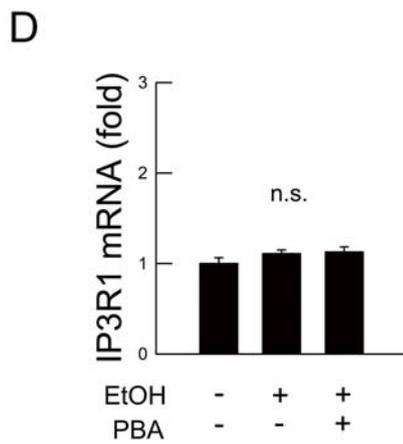
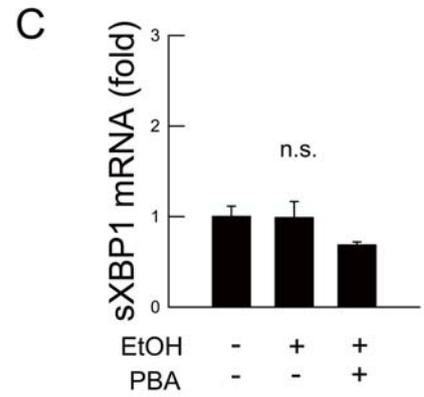
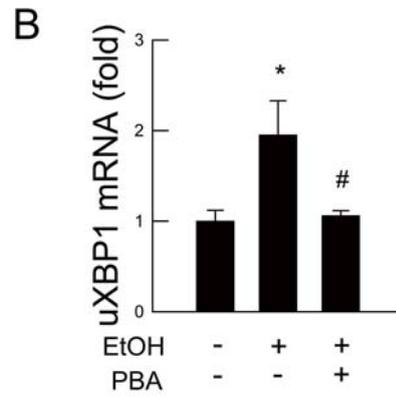
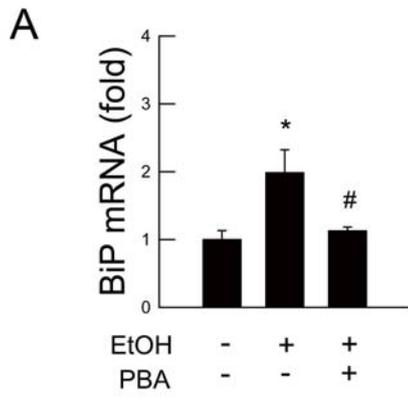
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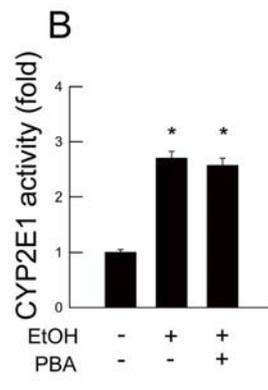
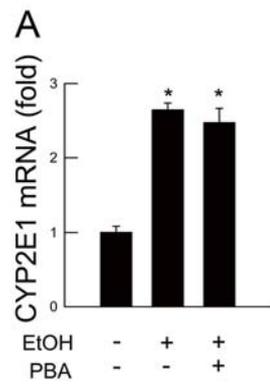












**Supplementary figure 1. Pathological change in C57Bl/6J mice subjected to chronic-plus-binge EtOH feeding.** C57Bl6 mice were fed EtOH or pair-fed a control diet for 10 days, Mice were given an EtOH gavage (5 g/kg body weight) on day 11, then sacrificed 9 h later. Representative photomicrograph of H-E staining of liver tissue is shown (magnification: 100×, scale bar = 100 μm).

