

1 Category [Original article]

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3 Title: Clinicopathological characteristics associated with necrosis in pulmonary  
4 metastases from colorectal cancer

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43 **ABSTRACT**

44 **Purpose:** Metastatic lung cancers from the colon and rectum (MLCR) frequently have  
45 necrotic components. The aim of this study is to elucidate clinicopathological factors  
46 associated with the amount of necrosis in MLCR.

47 **Methods:** Ninety patients who underwent the first pulmonary metastasectomy for MLCR  
48 with a tumor diameter  $\leq 3.0$  cm and without chemotherapy were enrolled in this study.  
49 Analyzing digitally scanned pathological slides, we calculated the necrosis percentage  
50 (NP: the necrosis area divided by the tumor area). The relationship between NP and  
51 clinicopathological factors was analyzed. Moreover, to determine whether NP was  
52 affected by tissue hypoxia, vascularization, or tumor cell proliferation, tissues were  
53 analyzed by immunohistochemical staining using carbonic anhydrase IX (CAIX), CD34  
54 antibodies, and Ki-67 antibodies, respectively.

55 **Results:** Median tumor area and NP were  $0.69 \text{ cm}^2$  (0.11-3.01) and 13.1% (0-71.6),  
56 respectively. Although NP was not associated with the tumor area, it was significantly  
57 higher in the patients with a positive smoking history (8.14% vs 17.1%,  $p = 0.045$ ). Other  
58 clinicopathological factors were not correlated with NP. Immunohistochemical analysis

59 revealed that CA IX expression on tumor cells, CD34 micro-vessel density, CD34 micro-  
60 vessel area, and Ki-67 index were not significantly associated with NP. NP in the primary  
61 site was not associated with NP in the pulmonary metastasis.

62 **Conclusions:** NP was not determined by tumor size, tissue hypoxia, vascularization, or  
63 tumor cell proliferation. Positive correlation of NP with smoking history suggests a  
64 unique lung microenvironment in smokers which makes necrosis of MLCR more likely  
65 to occur.

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67 **Keywords:** colorectal cancer; pulmonary metastasis; pathology; necrosis

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## 75 **Introduction**

76 Colorectal cancer is one of the most common cancers and causes of cancer deaths  
77 worldwide [1]. The most common extra-abdominal organ site of metastases of colorectal  
78 cancer is the lung, involved in 10%–25% of all patients with colorectal cancer [2, 3].

79 The characteristic pathological findings of metastatic lung cancer from the colon and  
80 rectum (MLCR) include glands lined by pseudostratified columnar cells and extensive  
81 necrosis with karyorrhectic debris, also known as dirty necrosis [4]. The presence of dirty  
82 necrosis in malignant pulmonary tumors suggests a colorectal origin [5].

83 Generally, tumor necrosis results from chronic hypoxia due to rapid tumor growth.  
84 This could be caused by the rapidly proliferating tumor obstructing the focal large vessels  
85 or microvasculature [6, 7]. Väyrynen et al. investigated the causes of necrosis in  
86 colorectal cancer by examining cell proliferation (Ki-67 index) and neovascularization  
87 (microvessel density), both of which were determined to be negative [8]. Otherwise, there  
88 have been few studies investigating the clinicopathological factors associated with  
89 necrosis in colorectal cancer as well as in MLCR. Therefore, it needs to be clarified  
90 whether tumor size, tissue hypoxia, neovascularization, or cell proliferation is correlated

91 with the amount of necrosis in MLCR. Hence, this study aims to investigate  
92 clinicopathological characteristics that contribute to the amount of necrosis in MLCR.

93

#### 94 **Patients and methods**

##### 95 *Case selection*

96 We investigated a total of 168 pulmonary metastasectomy cases for MLCR with tumor  
97 diameters no less than 3.0 cm at our institution between 2013 and 2017. Among them, 52  
98 cases were excluded because they were not the first metastasectomy cases. Two cases  
99 were excluded because of another advanced active cancer. Furthermore, 24 cases in which  
100 chemotherapy had been conducted for MLCR before metastasectomy were also excluded.  
101 The remaining 90 patients were included in this study.

102 For each patient, the following demographic and clinicopathological factors were  
103 collected from medical records: age, sex, location of the primary tumor, preoperative  
104 chemotherapy history, synchronous/metachronous metastases, single/multiple metastases,  
105 and tumor diameter. Synchronous lung metastasis had to be diagnosed during the  
106 diagnostic work-up or within 3 months following the diagnosis of colorectal cancer. All

107 specimens were collected after obtaining comprehensive written informed consent from  
108 the patients. This study was approved by the Institutional Review Board of the National  
109 Cancer Center (IRB number 2018-030).

110

### 111 *Histopathological evaluation*

112 The pathological factors were evaluated by two pathologists (J.S and G.I). Tissues were  
113 fixed in neutral buffered 10% formalin solution. The hematoxylin and eosin (H&E) slides  
114 of the maximum plane of the tumor were selected. In patients with multiple metastases,  
115 the largest lesion was examined. These slides were digitally scanned and analyzed using  
116 a Hamamatsu Nanozoomer scanner (Hamamatsu NDP.view2) to calculate the tumor area  
117 (TA), necrosis area, and the necrosis percentage (NP: necrosis area divided by TA). There  
118 were two types of necrosis in MRCL: multiple small necroses and single massive necrosis  
119 (Figure 1). The TA and the necrosis area were measured by circumscribing the whole TA  
120 and the necrosis area on the software (Supplementary Figure 1A). In the case of multiple  
121 necroses, we included as many necrosis areas as possible (Supplementary Figure 1B).

### 122 *Immunohistochemistry*

123 All tumor tissues used in this immunohistochemical analysis were from routinely  
124 formalin-fixed pathological samples taken from resected lung specimens. One block  
125 containing the most extensive tumor component was selected from each specimen  
126 following a review of the H&E-stained slides. Sections measuring 4  $\mu$ m were cut from  
127 the paraffin blocks and mounted on salinized slides. The sections were deparaffinized in  
128 xylene, dehydrated in a graded ethanol series, and then immersed in methanol with 0.3%  
129 hydrogen peroxide for 15 min to inhibit endogenous peroxidase activity. After being  
130 washed with distilled water, the sections were placed in Retrieval Solution High pH  
131 (DakoCytomation, Carpinteria, CA, USA). For antigen retrieval, the slides were heated  
132 twice at 95°C for 20 min in a microwave oven (H2800 Microwave Processor, Energy  
133 Beam Sciences Inc.) and then cooled for 1 h at room temperature. The slides were washed  
134 three times in phosphate-buffered saline (PBS). Nonspecific binding was then blocked by  
135 pre-incubation with 2% normal swine serum in PBS (blocking buffer) for 60 min at room  
136 temperature. Individual slides were next incubated overnight at 4°C with anti-human  
137 carbonic anhydrase IX, anti-human CD34, and anti-human Ki-67 antigen in the blocking  
138 buffer. The slides were washed three times with PBS and then incubated with EnVision™



139 (Dako, Denmark) for 1 h at room temperature. After extensive washing with PBS, the  
140 color reaction was developed in 2% 3,3'-diaminobenzidine in 50 mM Tris-buffer (pH 7.6)  
141 containing 0.3% hydrogen peroxidase for 10 minutes. The sections were finally  
142 counterstained with Meyer's hematoxylin, dehydrated, and mounted. Supplementary  
143 Table 1 summarizes the details of antibodies used in this study.

144

145 Two investigators (J.S. and G.I.) independently evaluated the staining results of CAIX.  
146 The expression of CAIX on tumor cells was measured as the proportion of positive tumor  
147 cells to total tumor cells, yielding a range of 0-100%. For CD34 microvessel density,  
148 CD34 microvessel area, and Ki-67 index, analysis was assisted by the ImageScope  
149 software program (Leica Microsystems, Wetzlar, Germany, Supplementary Figure 2). The  
150 vascular hot spot, or the area of the tumor containing many CD34 positive vessels, was  
151 detected by scanning the section at 100 × magnification (Supplementary Figure 2A). Ten  
152 different hot spots were chosen. In each of those fields, the numbers of microvessels  
153 positive for CD34 per 0.25 mm<sup>2</sup> were counted (Supplementary Figure 2B). The average  
154 of the three areas were calculated as mean microvessel density (MVD; number of vessels

155 per mm<sup>2</sup>). In addition to the number of vessels, we calculated the average area of the  
156 CD34-positive microvessels per  $\mu\text{m}^2$  as microvessel area (MVA), which reflects both  
157 number and lumen area of the microvessels (Supplementary Figure 2B) [9]. Ki-67 index  
158 was determined by the mean proportion of tumor cell nuclei positive for Ki-67 in three  
159 different hot spots (Supplementary Figure 2C).

160

161

162 Statistical analysis

163 Comparisons between the necrosis percentage and clinicopathological factors and  
164 immunohistochemistry factors were analyzed using a chi-square test for proportions and  
165 analysis of variance (ANOVA) test for continuous variables as appropriate. All statistical  
166 analyses were performed using JMP® Version 12 (SAS Institute Inc., Cary, NC).

167

168 **Results**

169 *Patient and pathological characteristics*

170 Of the 90 patients, 63 (70%) were men. Median (range) age was 67.0 (35-85). Thirty-

171 one (34.4%) were non-smokers or light smokers (smoking index less than 50).  
172 Synchronous metastasis and multiple metastases were seen in 12 (13.3%) and 13 (14.4%)  
173 patients, respectively. The upper rectum was the most common site of the primary CRC  
174 location and was seen in 36 (40.0%) patients (Table 1).

175

#### 176 *Necrosis percentage and its relation to the clinical and pathological factors*

177 The median (range) of tumor diameter, TA, and NP were 1.3 cm (0.5-3.0), 0.69 cm<sup>2</sup>  
178 (0.11-3.01), and 13.1% (0-71.6), respectively (Supplementary Table 2). Both tumor  
179 diameter and TA were not significantly correlated to NP (p=0.21 and p=0.07, respectively,  
180 Figure 2). NP was significantly higher in the patients with positive smoking history  
181 compared to never/light smokers (8.1% [0-65.3] vs 17.1% [0-71.6], p=0.045). Other  
182 clinical factors did not affect NP.

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184

#### 185 *Immunohistochemical analysis*

186 Median Ki-67 index, CAIX positive percentage, CD34 MVD, and MVA were 37.2%

187 (5.2-71.9), 15% (0-70), 65.4 per mm<sup>2</sup> (21.6-190), and 793.2 per μm<sup>2</sup> (308.4-2238.3).

188 None of these factors was significantly associated with NP (p=0.72, p=0.56, p=0.20, and  
189 p=0.09, respectively, Figure 3D, E, F and G).

190

191 *Comparison of NP between the primary site and the metastatic site*

192 Of the 90 cases, pathological slides of the primary site were available for 35 cases. We  
193 evaluated NP in the primary site in 35 cases in the same way as the metastatic site. The  
194 background of these patients was summarized in Supplementary Table 3. The median NP  
195 was 0.027% (0-16.3). Although NP was not significantly correlated with tumor diameter  
196 (p=0.07, Supplementary Figure 3A), it was significantly associated with the TA  
197 (p=0.0001, Supplementary Figure 3B). There are some cases in which a negligible  
198 amount of necrosis was present in the primary site (Figure 4A), whereas massive necrosis  
199 was seen in the pulmonary metastasis (Figure 4B). However, when investigating the  
200 relationship between NP in the primary site and NP in the matched metastatic site, there  
201 was no significant correlation (p=0.88, Figure 4C).

202

203 **Discussion**

204 This is the first study that evaluated the necrosis percentage in MLCR and analyzed  
205 its association with clinicopathological factors, tumor size, tissue hypoxia,  
206 vascularization, cell proliferation, and necrosis in the primary site. Our results revealed  
207 that positive smoking history was significantly correlated to NP in MLCR, whereas other  
208 clinicopathological factors were not. Biological features of MLCR investigated by  
209 immunohistochemistry revealed no significant relationship with NP.

210 There have been other studies investigating necrosis in primary colorectal cancer.  
211 Väyrynen et al. measured NP accurately by analyzing virtual slides, which we adopted in  
212 our study, and reported that the median NP was 10%. They also found that the  
213 NP was higher in advanced TMN stages; however, it was not associated with preoperative  
214 chemotherapy, tumor growth (Ki-67 index), or neovascularization (MVD). Other studies  
215 reported that mild to moderate necrosis was seen in about 80% of all primary site tumors,  
216 and tumor necrosis was higher in the larger tumors [10, 11], which was consistent with  
217 our results. Our current study revealed that MLCR, when compared to the primary site,  
218 was not determined by the tumor size.

219 Preoperative chemotherapy reportedly affects necrosis in liver metastases. Some  
220 reports suggest that abundant necrosis was seen in patients who had preoperative  
221 chemotherapy, especially in those who had been treated with bevacizumab [12-15]. In  
222 our data, NP of the patient who had preoperative chemotherapy for MRLC did not differ  
223 compared to the patient who did not (13.3% [0-58.7] vs 13.1% [0-71.6],  $p=0.27$ ,  
224 Supplementary Figure 4). Although the chemotherapy regimens used in our patients  
225 varied, our study suggested that preoperative chemotherapy was not associated with NP.

226 It remains unclear what contributes to the development of necrosis in MLCR. Another  
227 possibility could be the tissue microenvironment of the lung, which is suggested by the  
228 positive association between smoking history and NP found in our results. According to  
229 the “seed and soil” hypothesis, the tumor cells (“seed”) need a hospitable  
230 microenvironment (“soil”) to colonize distant organs [16]. Some research suggests that  
231 smoking induces elevated inflammatory cytokines such as IL-8 and IL-1, causing  
232 inflammatory changes in the lung microenvironment [17, 18]. Inflammatory processes  
233 may establish a premetastatic niche for MLCR [19, 20]. Furthermore, smoking is  
234 reportedly associated with increased risk of pulmonary metastasis in colorectal

235 cancer[21]. An inflammatory background might also play some role in creating the unique  
236 microenvironment for MLCR that promotes necrosis.

237 In conclusion, NP in MLCR was not affected by tumor size, tissue hypoxia,  
238 vascularization, or cell proliferation. The significant correlation between NP and smoking  
239 history suggest that MLCR itself has unique biological features that promote necrosis in  
240 the lung microenvironment of smokers. Further research is necessary to clarify the  
241 mechanisms of necrosis in MLCR.

242

#### 243 **Compliance with Ethical Standards**

244 Funding: This work was supported in part by JSPS KAKENHI (16H05311).

245 Conflict of Interest: All authors declare that they have no conflict of interest.

246 Author Contributions: JS and GI contributed to the design and organization and  
247 conducted the study and wrote the manuscript. TS and HN helped in the  
248 immunohistochemical process and created the pathological database. MK, YO, MS, MF,  
249 TK, AO and KS advised the direction of study and the interpretation of the data. KA, KT,  
250 TM, MI, and MT contributed to provide surgical samples and clinical data. All the authors

251 reviewed and accepted the manuscript.

252

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- 303

304 ***Figure legend***

305 Figure 1. The MRCL lesions with multiple small necroses (lower magnification: A, higher  
306 magnification: B) and single massive necrosis (lower magnification: C, higher  
307 magnification: D).

308 Figure 2. The scatter plots showing the relationship between necrosis percentage and  
309 tumor diameter (A) or TA (B).

310 Figure 3. The immunohistochemical staining of Ki-67 (A), carbonic anhydrase IX (CAIX,  
311 B), and CD34 (C) to evaluate cell proliferation (Ki-67 index) tissue hypoxia,  
312 vascularization (microvessel density [MVD; number of microvessels per mm<sup>2</sup>], and  
313 microvessel area [MVA; area of microvessels per μm<sup>2</sup>]). Scatter plots analysis revealed  
314 none of these were correlated to the necrosis percentage (D, E, F, and G).

315 Figure 4. Example of the cases in which a negligible amount of necrosis was present in  
316 the primary site (A) while massive necrosis was seen in the pulmonary metastasis (B).

317 There was no correlation between the necrosis percentage in the primary site and the  
318 metastatic site (C).

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320

321 Supplementary Figure 1. The examples of actual measurement of the tumor area and  
322 necrosis in MLCR with massive necrosis (A) and multiple necrosis (B). The tumor area  
323 and the necrosis area were measured by circumscribing the whole tumor area (black line)  
324 and necrosis area (red line) on the image-analyzing software (NDP.view2). The values of  
325 the automatically calculated areas were shown in the yellow boxes. In the case of multiple  
326 necroses, we included as many areas of necrosis areas as possible.

327

328 Supplementary Figure 2. The image analysis of the CD34 (A, B) and Ki-67 (C, D)  
329 immunohistochemical staining using ImageScope. Each hot spot was  $50 \mu\text{m}^2$  (shown in  
330 green line). Each CD34 positive vessels in the hotspot is marked as a green area (B). The  
331 number of vessels and vessel area were calculated as MVD and MVA, respectively. In  
332 Ki67 index analysis, non-tumor cells were excluded by the dotted line (C). Cells negative,  
333 1+, and 2+ for Ki-67 were marked as blue, yellow, and orange, respectively (D).

334

335 Supplementary Figure 3. The scatter plots showing the positive relationship between

336 necrosis percentage and tumor diameter (A) or tumor area (B) in the primary sites.

337

338 Supplementary Figure 4. Comparison of the necrosis percentage between patients who

339 had surgery alone and patients who had preoperative chemotherapy and surgery for lung

340 metastases.

341